October 2026

Southern Plaza Retirement Community- Independent Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 National Homemade Cookie Day 9:00 Bible Study w/Helen-PDR 10:00 Crafts with Melanie-AR3 11:00 John's Devotions-EC 2:00 Join us for Homemade cookies and milk-AR1 6:30 Diamond Dotz- AR1	2 National Denim Day {Wear your Jeans!!} 9:30 Exercise Group- CTR3 10:00 Mitford w/Merlene- AR1 10:45 Piano w/Merlene-Lobby 3:00 Music by the Baritones-EC Betty Culver- Birthday	3 10:00 Cardmaking Class w/Judy(5:00 fee)- NSR3 2:00 Matinee Movie-Plaza Rm Alta Nelson-Birthday Simchat Torah Begins
4 9:30 Praise and Worship – EC 9:45 Doug Forsberg to speak. 1:30 Bingo w/Rylee– AR1 6:00 Prayer Group– NSR2	5 9:30 Exercise Group- CTR3 10:00 Run Errands(sign up) 10:00 Mitford w/Merlene- AR1 10:45 Piano w/Merlene-Lobby 2:00 Bingo w/Devoted Hospice-AR1 6:30 SNU Student Game Night- EC Joyce Jakobitz- Birthday	6 10:00 Quarter Bingo – AR1 11:00 Piano with Myra-Lobby 1:30 Positive Movement w/Angela-CTR3 2:00 Praise music w/Dave-EC	7 Dress in your Western Duds! 9:30 Exercise Group – CTR3 10:00 Dollar General/Braums 10:00 Mitford w/Merlene- AR1 10:45 Piano w/Merlene-Lobby 1:00 Seasons of Life Group-PDR 1:30 Western Round Up-Root beer floats & Music by James Randolf-EC 3:45 Prayer & Share- NSR2	8 9:00 Flu Shot Clinic-PDR (Sign up at the front desk) 9:00 Bible Study w/Helen-AR1 11:00 John's Devotions-EC 2:00 Trivia/Auction-Archwell-AR1 6:30 Diamond Dotz- AR1	9 9:30 Exercise Group- CTR3 10:00 Mitford w/Merlene- AR1 10:45 Piano w/Merlene-Lobby 1:00 Opera Appreciation Group- Informational Mtg-AR1 2:00 Music by Margaret Ann Adams- EC	10 2:00 Matinee Movie-Plaza Rm
11 Clergy Appreciation Day 9:30 Praise and Worship – EC 9:45 Doug Forsberg to speak. 1:30 Bingo w/Keith – AR1 6:00 Prayer Group– NSR2 Carol Jean Haigh- Birthday	12 9:30 Exercise Group- CTR3 10:00 Run Errands(sign up) 10:00 Mitford w/Merlene- AR1 10:45 Piano w/Merlene-Lobby 9:30 Eat Out /Bourbon Street Café and River Boat Tour 3:00 Baptist Village Choir - EC 6:30 SNU Student Game Night- EC Indigenous Peoples' Day Columbus Day (U.S.) Thanksgiving Day (Canada)	13 10:00 Paper Bingo – AR1 11:00 Piano with Myra-Lobby 1:30 Positive Movement w/Angela-CTR3 2:00 Toby/Therapy Dog-Lobby 2:00 Praise music w/Dave- EC 3:00 Poetry Group-Library	14 9:30 Exercise Group – CTR3 10:00 Shopping-Walmart Market 10:00 Mitford w/Merlene- AR1 10:45 Piano w/Merlene-Lobby 1:00 Seasons of Life Group- PDR 3:00 Fire Drill 3:45 Prayer & Share- NSR2 4:00 Joy Team Practice- EC	15 Wear Something Gaudy Day 9:00 Bible Study w/Helen-PDR 10:00 Coffee & Conversation-AR1 11:00 John's Devotions-EC 3:00 Guy Talk- Led by Conley Henderson- PDR 4:00 Joy Team Practice- EC 6:30 Diamond Dotz- AR1	16 9:30 Exercise Group- CTR3 10:00 Shopping/Lunch w/Lorna TBD 10:00 Mitford w/Merlene- AR1 10:45 Piano w/Merlene-Lobby Marge Dorris- Birthday	17 2:00 Matinee Movie-Plaza Rm
18 9:30 Praise and Worship – EC 9:45 Doug Forsberg to speak. 1:30 Bingo w/Keith – AR1 6:00 Prayer Group– NSR2 7:00 Southern Plaza Hymn Sing-EC	19 9:30 Exercise Group- CTR3 10:00 Silver Chord Choir-EC 10:00 Run Errands(sign up) 10:00 Mitford w/Merlene- AR1 10:45 Piano w/Merlene-Lobby 1:00 Resident Assoc. Mtg- EC 2:00 Resident Dietary Mtg.-EC 6:30 SNU Student Game Night- EC Ann Larson- Birthday Lynn Kerr- Birthday	20 8:00 Men's Breakfast 10:00 Candy Bar Bingo – AR1 11:00 Piano with Myra-Lobby 1:30 Positive Movement w/Angela-CTR3 2:00 Praise music w/Dave-EC 2:00 Fall Prevention Class/Right at Home-AR1	21 9:30 Exercise Group – CTR3 10:00 Shopping-Dollar Tree/Braums 10:00 Mitford w/Merlene- AR1 10:45 Piano w/Merlene-Lobby 1:00 Seasons of Life Group-PDR 2:00 Visit the Lakeview Market Hub/Farmers Market 3:00 Piano w/Kelley Almond-EC 3:45 Prayer & Share- NSR2 4:00 Joy Team Practice- EC	22 9:00 Bible Study w/Helen-PDR 10:00 Crafts with Michelle/Mays AR3 11:00 John's Devotions-EC 1:00 Wheelchair/Walker Chks- EC 2:00 Music w/Bill Phillips- EC 3:00 Alpaca Fun Farm – AL Courtyard 4:00 Joy Team Practice- EC 6:30 Diamond Dotz- AR1	23 9:30 Exercise Group- CTR3 10:00 Mitford w/Merlene- AR1 10:45 Piano w/Merlene-Lobby	24 Wear Pink Day Breast Cancer Awareness 1-3 Game Time w/Rylee- AR1 2:00 Matinee Movie-Plaza Rm
25 9:30 Praise and Worship – EC 9:45 Doug Forsberg to speak. 1:30 Bingo w/Keith – AR1 6:00 Prayer Group– NSR2 Carolyn Wilcox- Birthday	26 National Pumpkin Day 9:30 Exercise Group- CTR3 10:00 Run Errands(sign up) 10:00 Mitford w/Merlene- AR1 10:45 Piano w/Merlene-Lobby 1:30 Resident Birthday Party-EC 2:00 Music by Carolyn & Julie- EC 6:30 SNU Student Game Night- EC	27 10:00 Soda Pop Bingo – AR1 11:00 Piano with Myra-Lobby 1:30 Positive Movement w/Angela-CTR3 1:30 Toby/Therapy Dog-Lobby 2:30 Pumpkin Painting- AR1 (sign up at the front desk by 10/26 to reserve a pumpkin) 6:00 Book Discussion Group-PDR Carolyn Mostek- Birthday Bonnie Lorenzen-Birthday	28 Vote for your Favorite Painted Pumpkin-Lobby 9:30 Exercise Group – CTR3 10:00 Shopping-Walmart 10:00 Mitford w/Merlene- AR1 10:45 Piano w/Merlene-Lobby 1:00 Seasons of Life Group-PDR 2:00 Caramel Apple Bar with Desiree & Shyla- AR1 3:45 Prayer & Share- NSR2 4:00 Joy Team Practice- EC	29 9:00 Bible Study w/Helen-PDR 10:00 Crafts with Melanie-AR3 11:00 John's Devotions-EC 2:00 Memory Lane- AL Lobby 4:00 Joy Team Practice- EC 6:30 Diamond Dotz- AR1	30 Nat'l Candy Corn Day 9:30 Exercise Group- CTR3 10:00 Mitford w/Merlene- AR1 10:45 Piano w/Merlene-Lobby 3:00 Resident Costume contest Friends & Family Trick or Treating- Lobby	31 Happy Halloween 2:00 Matinee Movie-Plaza Rm Doris Blankenship-Birthday Halloween

nn