

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Shining through the years Assisted Living Week 2026 September 14th-18th		10:00 Light and Lively Exercise 1 (3rd) 10:20 Hymns/Devotion (3rd) 10:40 The Chronicle (3rd) 1:00 1st Tornado Walk (Lobby-1 st) 2:00 Hospitality Club (Activity Kitchen-1 st) 3:00 3rd Tornado Walk (Theater-3 rd) Happy Birthday David F.	10:00 Light and Lively Exercise (3 rd) 2 10:20 Hymns/Devotion (3rd) 10:40 The Chronicle (3rd) 1:30 Joy Team Choir Concert (Event Center-1 st) 2:00 Seasons of Life (SNU) (Chapel-2 nd) 2:15 Sheila OKC Arts Council (Activity Kitchen-1 st) 3:00 Volleyoccer with Elbert (3 rd)	10:00 Light and Lively Exercise (3 rd) 3 10:20 Hymns/Devotion (3rd) 10:45 The Chronicle (3rd) 1:00 Women's Bible Study with Denise (Activity Kitchen-1 st) 1:00 Men's Bible Study with Dave Smith (Chapel-2 nd) 2:00 2nd Tornado Walk (Chapel-2 nd) 3:00 Bunco (3 rd) 6:00 Baseball Card Game with Elbert (3 rd)	10:00 Light and Lively Exercise (3 rd) 4 10:20 Hymns/Devotion (3rd) 10:45 The Chronicle (3rd) 1:00 Soccer with Elbert (3 rd) 2:00 Dessert Social with Teresa (Activity Kitchen-1 st) 3:00 Volleyball with Leah/Legacy Family Hospice (3 rd) 3:00 Therapy Dog Murphy by Legacy Hospice (3rd) 7:00 Oklahoma Sooners vs UTEP Miners Eat a Extra Dessert Day	1:00 Movie: Bonhoeffer: Pastor, Spy, Assassin (Theater-3rd) 5 2:45 OSU Cowboys vs Tulsa Golden Hurricanes 3:00 Bite Size Candy Bingo (3 rd) 6:00 Gametime/Group Choice (3 rd)
9:30 Worship Service 6 by Doug Forsberg (Event Center-1st) 2:00 Movie: Born to Win (Theater-3 rd) 6:00 Gametime/Group Choice (3 rd)	10:00 Light and Lively Exercise (3rd) 7 10:20 Hymns/Devotion (3rd) 10:40 The Chronicle (3rd) 1:00 Bingo (3 rd) 3:00 Homemade Ice Cream (Event Center-1 st) 4:00 Prayer Meeting (Chapel-2nd) 6:00 Baseball Card Game with Elbert (3 rd) Labor Day Wear your red, white, and blue	10:00 Light and Lively Exercise 8 (3rd) 10:20 Hymns/Devotion (3rd) 10:40 The Chronicle (3rd) 1:30 Therapy Dog Toby sponsored by Traditions Hospice (Lobby-1 st) 2:00 Auction with Delana from Good Shepard (3 rd) 3:00 Yahtzee (3 rd)	10:00 Light and Lively Exercise (3rd) 9 10:20 Hymns/Devotion (3rd) 10:40 The Chronicle (3rd) 1:00 Volleyoccer with Elbert (3 rd) 2:00 Seasons of Life (SNU) (Chapel-2 nd) 2:00 Popcorn Club with Micah/ sponsored Legacy Family Hospice (Activity Kitchen-1 st) 3:00 Shopping at Target (Lobby-1 st) Signup Required 3:00 Bible Study with Dan DeOme (Lobby-1 st)	10:00 Light and Lively Exercise (3rd) 10 10:20 Hymns/Devotion (3rd) 10:40 The Chronicle (3rd) 1:00 Music by Paul Morphis (Event Center-1 st) 2:00 Women's Bible Study with Denise (Activity Kitchen-1 st) 2:00 Men's Bible Study with Dave Smith (Chapel-2 nd) 3:00 Come and Make a S'more (Activity Kitchen-1 st) 6:00 Baseball Card Game with Elbert (3 rd) National S'more Day Happy Birthday Beth S.	9:00 25th Anniversary 9/11 with Tammy and Larry (Event Center-1 st) 11 10:00 Light and Lively Exercise (3rd) 10:20 Hymns/Devotion (3rd) 10:40 The Chronicle (3rd) 11:00 Lunch at The Big Easy Signup Required (Lobby-1 st) 1:00 Volleyoccer with Elbert (3 rd) 2:00 Bee Craft (Activity Kitchen-1 st) 3:00 Come and Taste some Honey (Activity Kitchen-1 st) 6:00 Grandparent Bingo Night (Family Invited) (Event Center-1 st) Signup Required Taste of Honey Day Wear Black and Yellow	11:00 OU Sooners vs Michigan Wolverines 12 11:00 OSU Cowboys vs Oregon Ducks 1:00 Movie: TBD (Theater-3rd) 3:00 Movie: TBD (Theater-3rd) 6:00 Gametime/Group Choice (3 rd)
9:30 Worship Service 13 by Doug Forsberg (Event Center-1st) 2:00 Movie: TBD (Theater-3 rd) 6:00 Gametime/Group Choice (3 rd) Grandparent's Day	10:00 Light and Lively Exercise (3rd) 14 10:20 Hymns/Devotion (3rd) 10:40 The Chronicle (3rd) 100 Staff and Resident decorate walker/cane/wheelchair. 2:00 Parade in lobby (vote for your favorite team) 3:00 Bingo with Shaye (3 rd) 4:00 Prayer Meeting (Chapel-2nd) 6:00 Baseball Card Game with Elbert (3 rd) Happy Birthday Letitia S. Shine with your favorite season Dress like your favorite season	10:00 Light and Lively Exercise 15 (3rd) 10:20 Hymns/Devotion (3rd) 10:40 The Chronicle (3rd) 1:00 Uno (3 rd) 2:00 Sparkle picture frames (Activity Kitchen-1 st) 3:00 Staff and Residents dress up for Glamour Shots (3 rd) Shine with Style Wear your Flashy/Shiny clothes	10:00 Light and Lively Exercise (3rd) 16 10:20 Hymns/Devotion (3rd) 10:40 The Chronicle (3rd) 1:00 Volleyoccer with Elbert (3 rd) 1:00 Popcorn with SNU president (Event Center 1 st) 2:00 Seasons of Life (SNU) (Chapel-2 nd) 2:00 Staff and Resident make an art project (Activity Kitchen-1 st) 3:00 Sugar Time Band (Event Center-1 st) Shine with your Art Wear your colorful clothes	10:00 Light and Lively Exercise (3rd) 17 10:20 Hymns/Devotion (3rd) 10:40 The Chronicle (3rd) 1:00 Women's Bible Study with Denise (Activity Kitchen-1 st) 1:00 Men's Bible Study with Dave Smith (Chapel-2 nd) 2:00 Staff and Resident play games (3 rd) 3:00 Girl Talk with Dusti (Activity Kitchen-1 st) 3:00 Guy Talk with Larry Mitchell (Formal Dining Room-1 st) 6:00 Baseball Card Game with Elbert (3 rd) Shine with Games Wear your favorite sports team	10:00 Light and Lively Exercise 18 (3rd) 10:20 Hymns/Devotion (3rd) 10:40 The Chronicle (3rd) 1:00 Singalong with Judy (Event Center-1 st) 2:00 Staff and Resident Talent Show (Event Center-1 st) 3:00 Volleyoccer with Elbert (3 rd) Shine with your Talents Dress like your favorite actor/actress	1:00 Movie: TBD (Theater-3rd) 19 3:00 Movie: TBD (Theater-3rd) 6:00 Gametime/Group Choice (3 rd) 6:00 OSU Cowboys vs Murray State 6:30 OU Sooners vs New Mexico Lobos
9:30 Worship Service 20 by Doug Forsberg (Event Center-1st) 2:00 Movie: TBD (Theater-3 rd) 6:00 Gametime/Group Choice (3 rd) 7:00 Hymn Singing (Event Center-1st)	10:00 Light and Lively Exercise 21 (3rd) 10:20 Hymns/Devotion (3rd) 10:40 The Chronicle (3rd) 1:30 Therapy Dog Toby sponsored by Traditions Hospice (Lobby-1 st) 2:00 Dietary Meeting (Event Center-1 st) 3:00 Bingo (3 rd) 4:00 Prayer Meeting (Chapel-2nd) 6:00 Baseball Card Game with Elbert (3 rd)	10:00 Light and Lively Exercise 22 (3rd) 10:20 Hymns/Devotion (3rd) 10:40 The Chronicle (3rd) 1:00 Meet-n-Greet (3 rd) 2:00 Resident Council Meeting (3 rd) 3:00 Southern Plaza Judging Fair (Lobby-1 st)	9:00 See at the Pole (Event Center-1 st) 23 10:00 Light and Lively Exercise (3 rd) 10:20 Hymns/Devotion (3rd) 10:40 The Chronicle (3rd) 1:00 Volleyoccer with Elbert (3 rd) 2:00 Seasons of Life (SNU) (Chapel-2 nd) 2:00 Park Scavenger Hunt (Lobby-1 st) Signup Required 3:00 Bible Study with Dan DeOme (Lobby-1 st)	10:00 Light and Lively Exercise (3rd) 24 10:20 Hymns/Devotion (3rd) 10:40 The Chronicle (3rd) 1:00 Women's Bible Study with Denise (Activity Kitchen-1 st) 1:00 Men's Bible Study with Dave Smith (Chapel-2 nd) 1:00-1:30 Lindsey Medical for Safety Checks (Event Center-1 st) 2:00 Memory Lane (Lobby-1 st) 300 Bag Bingo (3 rd) 6:00 Baseball Card Game with Elbert (3 rd) Happy Birthday Kay A. Happy Birthday Norman E.	10:00 Light and Lively Exercise 25 (3rd) 10:20 Hymns/Devotion (3rd) 10:40 The Chronicle (3rd) 1:00 Volleyoccer with Elbert (3 rd) 2:00 Southern Plaza Fair (Event Center-1 st) 3:00 Skipbo with Kay (3 rd)	1:00 Movie: TBD (Theater-3 rd) 26 3:00 Movie: TBD (Theater-3 rd) 6:00 Gametime/Group Choice (3 rd) OU Sooners vs Georgia Bulldogs OSU vs West Virginia
9:30 Worship Service 27 by Doug Forsberg (Event Center-1st) 2:00 Movie: TBD (Theater-3 rd) 6:00 Gametime/Group Choice (3 rd)	10:00 Light and Lively Exercise (3rd) 28 10:20 Hymns/Devotion (3rd) 10:40 The Chronicle (3rd) 11:00 Lunch at Toledo's Signup Required (Lobby-1 st) 2:00 Music by TJ Dolitino (Event Center-1 st) 3:00 Bingo (3 rd) 4:00 Prayer Meeting (Chapel-2nd) 6:00 Baseball Card Game with Elbert (3 rd)	10:00 Light and Lively Exercise (3 rd) 29 10:20 Hymns/Devotion (3rd) 10:40 The Chronicle (3rd) 1:00 Coffee Time (Activity Kitchen-1 st) 2:00 Book Club (Activity Kitchen-1 st) 3:00 Monthly Birthday Party (Event Center-1 st) National Coffee Day Wear Brown or Black	10:00 Light and Lively Exercise (3 rd) 30 10:20 Hymns/Devotion (3rd) 10:40 The Chronicle (3rd) 1:00 Volleyoccer with Elbert (3 rd) 2:00 Seasons of Life (SNU) (Chapel-2 nd) 2:00 Praise music by Dave and Mark (Event Center-1 st) 3:00 Flower Craft with Leah/Legacy Family Hospice (Activity Kitchen-1 st)	September 2026 Southern Plaza Assisted Living		