

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 August 2026 Southern Plaza Retirement Community- Independent Living						National Sunflower Day 1 10:00 Cardmaking Class w/Judy-NSR3 10:30 Positive Movement w/Angela-CTR3 2:00 Saturday Matinee-Plaza Room Watch- Remarkably Bright Creatures
2 9:30 Praise and Worship – EC 9:45 Doug Forsberg to speak. 1:30 Bingo w/Keith – AR1 6:00 Prayer Group– NSR2	3 9:30 Exercise Group- CTR3 10:00 Run Errands(sign up) 10:00 Mitford w/Merlene- AR1 10:45 Piano w/Merlene-Lobby 2:00 Bingo with Breanna w/Devoted Healthcare- AR1	4 10:00 Quarter Bingo – AR1 11:00 Piano with Myra-Lobby 1:30 Positive Movement w/Angela-CTR3 2:00 Music by Glory Song- EC	5 9:30 Exercise Group – CTR3 10:00 Shopping-Walmart 10:00 Mitford w/Merlene- AR1 10:45 Piano w/Merlene-Lobby 2:00 Medicare Updates & Fried Pies- w/Blake Dunn Sign up(Front desk)- AR1 3:45 Prayer & Share- NSR2 4:00 InJoy Choir Practice- EC	6 9:00 Bible Study with Helen-PDR 10:00 Sunflower wreath Craft w/Michelle-AR3 11:00 John’s Devotions-EC 2:00 Music by One Truth-EC 4:00 InJoy Choir Practice- EC 6:30 Diamond Dotz- AR1 Shirley J.- Birthday	7 9:30 Exercise Group- CTR3 10:00 Mitford w/Merlene- AR1 10:45 Piano w/Merlene-Lobby 2:00 Scrabble & Snacks- AR1 3:00-Music by the Baritones-EC Pauline N. - Birthday	8 2:00 Saturday Matinee-Plaza Room Watch- TBD
9 9:30 Praise and Worship – EC 9:45 Doug Forsberg to speak. 1:30 Bingo w/Keith – AR1 6:00 Prayer Group– NSR2	10 9:30 Exercise Group- CTR3 10:00 Run Errands(sign up) 10:00 Mitford w/Merlene- AR1 10:45 Piano w/Merlene-Lobby 11:00 Out to Eat w/Melanie-Pepperoni Grill 2:00 Veterans Coffee/Everyone Welcome- EC	11 10:00 Candy Bar Bingo – AR1 11:00 Piano with Myra-Lobby 1:30- Toby/Therapy Dog- Lobby 2:00 Cottonwood Cloggers to perform- EC	12 World Elephant Day 9:30 Exercise Group – CTR3 10:00 Shopping -Dollar General/Braums 10:00 Mitford w/Merlene- AR1 10:45 Piano w/Merlene-Lobby 2:00 Bingo w/Jeff-Archwell-AR1 3:45 Prayer & Share- NSR2 4:00 InJoy Choir Practice- EC	13 National Southpaw Day 9:00 Bible Study with Helen-PDR 10:00- Crafts w/Whitnee- AR3 11:00 John’s Devotions-EC 2:00 Root Beer Floats by Right at Home -AR1 4:00 InJoy Choir Practice- EC 6:30 Diamond Dotz- AR1	14 9:30 Exercise Group- CTR3 10:00 Mitford w/Merlene- AR1 10:45 Piano w/Merlene-Lobby 2:00 Scrabble & Snacks- AR1 James S. - Birthday	15 National Hippie Day 2:00 Saturday Matinee-Plaza Room Watch-The Jesus Revolution TJ J.- Birthday
16 9:30 Praise and Worship – EC 9:45 Doug Forsberg to speak. 1:30 Bingo w/Keith – AR1 6:00 Prayer Group– NSR2 7:00 Southern Plaza Hymn Sing - EC	17 9:30 Exercise Group- CTR3 10:00 Run Errands(sign up) 10:00 Mitford w/Merlene- AR1 10:45 Piano w/Merlene-Lobby 1:00 Resident Assoc Mtg 2:00 Resident Dietary Mtg	18 8:00 Men’s Breakfast w/John 10:00 Snack Bingo – AR1 11:00 Piano with Myra-Lobby 1:30 Positive Movement w/Angela-CTR3 2:00 Music by Ms. Oklahoma Sr. America.-EC 3:00 Poetry Group- Library	19 Hawaiian Shirt Day!! 9:30 Exercise Group – CTR3 10:00 Shopping-Walmart Market 10:00 Mitford w/Merlene- AR1 10:45 Piano w/Merlene-Lobby 2:00 Praise Music w/Dave & Mark- EC 3:00 Join us for Hawaiian-Style Snow Cones!-AR1 3:45 Prayer & Share- NSR2 4:00 InJoy Choir Practice- EC	20 9:00 Bible Study with Helen-PDR 10:00 Coffee Chat w/Melanie-AR1 11:00 John’s Devotions-EC 3:00 Guy Talk-Speaker TBD-PDR 4:00 InJoy Choir Practice- EC 6:30 Diamond Dotz- AR1	21 9:30 Exercise Group- CTR3 10:00 Mitford w/Merlene- AR1 10:45 Piano w/Merlene-Lobby 9:30(due to the heat)Shopping & Lunch w/Lorna-Belle Isle shops & Belle Isle Restaurant 1:00 Music by the Lightfoot Family Band- EC 2:00 Scrabble & Snacks- AR1	22 9:30 Positive Movement w/Angela-CTR3 2:00 Saturday Matinee-Plaza Room Watch - TBD
23 9:30 Praise and Worship – EC 9:45 Doug Forsberg to speak. 1:30 Bingo w/Keith – AR1 6:00 Prayer Group– NSR2	24 National Peach Day 9:30 Exercise Group- CTR3 10:00 Run Errands(sign up) 10:00 Mitford w/Merlene- AR1 10:45 Piano w/Merlene-Lobby 1:30 Resident Birthday Party-EC 2:00 Music by June Carter-EC Arlen & Joyce J.-Anniversary	25 10:00 Soda Pop Bingo – AR1 11:00 Piano with Myra-Lobby 1:30 Toby/Therapy Dog- Lobby 2:00 Fall Prevention Clinic/Abiding Hospice-AR1 6:30 Book Discussion Group-PDR	26 9:30 Exercise Group – CTR3 10:00 Shopping-Dollar Tree/Braums 10:00 Mitford w/Merlene- AR1 10:45 Piano w/Merlene-Lobby 2:00 Sing a long w Judy- EC 3:45 Prayer & Share- NSR2 4:00 InJoy Choir Practice- EC Larry M. - Birthday	27 9:00 Bible Study with Helen-PDR 10:00 Crafts with Melanie- AR3 11:00 John’s Devotions-EC 1:00 Walker/Wheelchair Checks- EC 3:00 Town Hall Meeting w/John- EC 4:00 InJoy Choir Practice- EC 6:30 Diamond Dotz- AR1	28 9:30 Exercise Group- CTR3 10:00 Mitford w/Merlene- AR1 10:45 Piano w/Merlene-Lobby 11-2 Leslie w/ Caption Call- -PDR 2:00 Scrabble & Snacks- AR1 3:00 Music by Kelley Almond- EC Betty A. - Birthday	29 Mary Poppin’s Day 2:00 Saturday Matinee-Plaza Room Watch - Mary Poppins Judy M. - Birthday
30 9:30 Praise and Worship – EC 9:45 Doug Forsberg to speak. 1:30 Bingo w/Keith – AR1 6:00 Prayer Group– NSR2 Stan B.- Birthday	31 9:30 Exercise Group- CTR3 10:00 Run Errands(sign up) 10:00 Mitford w/Merlene- AR1 10:45 Piano w/Merlene-Lobby 2:00 Music w/Sylvester- EC Ruth H. - Birthday Gladys w. - Birthday	 Spread Sunshine Wherever You Go!				