

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# July 2026

## Southern Plaza Retirement Community- IL

<p>9:30 Exercise Group – CTR3  <b>10:00 Shopping-Dollar Tree/Braums</b>  <b>10:00 Mitford w/Merlene- AR1</b>  <b>10:45 Piano w/Merlene-Lobby</b>  <b>1:00 Crafts w/Sheila- AR3</b>          2:00 Popcorn Bar &amp; Trivia          w/Micah &amp; Murphy(therapy dog)-          AR1          3:45 Prayer &amp; Share-NSR2          4:00 Joy Team Practice- EC</p> <p style="text-align: center;">Canada Day</p>	<p>9:00 Bible Study with Helen-PDR  <b>10:00 Crafts w/Breanna-( painted tote bags) AR3</b>  <b>11:00 John's Devotions-EC</b>  <b>2:00 Bingo w/Abiding Hospice AR1</b>          Pr4:00 Joy Team Practice- EC  <b>6:30 JOY TEAM CHOIR PATRIOTIC CONCERT- followed by Ice Cream Treats -EC</b>  <b>Clara Bowen-Birthday</b>  <b>John Bowen- Birthday</b></p>	<p>9:30 Exercise Group- CTR3  <b>10:00 Mitford w/Merlene- AR1</b>  <b>10:45 Piano w/Merlene-Lobby</b></p>	<p>2:00 Saturday Matinee- Plaza Room          Watch: <b>"Project Hail Mary"</b></p> 			
<p>9:30 Praise and Worship – EC          9:45 Doug Forsberg to speak.  <b>1:30 Bingo w/Keith – AR1</b>          6:00 Prayer Group– NSR2</p> <p><b>Jo Hart- Birthday</b></p>	<p>9:30 Exercise Group- CTR3  <b>10:00 Run Errands(sign up)</b>  <b>10:00 Mitford w/Merlene- AR1</b>  <b>10:45 Piano w/Merlene-Lobby</b></p>	<p>10:00 Quarter Bingo – AR1  <b>11:00 Piano with Myra-Lobby</b>  <b>1:30 Positive Movement Exercise w/Angela- CTR3</b>  <b>2:00 Elvis Impersonator/Darin Thrasher- EC</b></p>	<p>9:30 Exercise Group – CTR3  <b>10:00 Shopping/Walmart</b>  <b>10:00 Mitford w/Merlene- AR1</b>  <b>10:45 Piano w/Merlene-Lobby</b>  <b>3:00 Bible Study w/Dan- EC</b>          3:45 Prayer &amp; Share-NSR2          4:00 Joy Team Practice- EC</p>	<p>9:00 Bible Study with Helen-PDR  <b>10:00 Coffee &amp; Conversation w/Melanie- AR1</b>  <b>1:30- Toby/Therapy dog- Lobby</b>  <b>11:00 John's Devotions-EC</b>  <b>2:00 Drive in Movie w/Jenni-Bright star Care- Featuring "Big Boy" -Plaza Rm</b>          4:00 Joy Team Practice- EC          6:30 Diamond Dotz- AR1</p>	<p>9:30 Exercise Group- CTR3  <b>10:00 Mitford w/Merlene- AR1</b>  <b>10:45 Piano w/Merlene-Lobby</b>  <b>2:00 Patriotic Music by The Friends Band- EC</b></p>	<p>2:00 Saturday Matinee- Plaza Room</p>
<p>9:30 Praise and Worship – EC          9:45 Doug Forsberg to speak.  <b>1:30 Bingo w/Keith – AR1</b>          6:00 Prayer Group– NSR2</p> <p><b>Ollie Baxter- Birthday</b>  <b>Donna Garrett- Birthday</b></p>	<p>9:30 Exercise Group- CTR3  <b>10:00 Run Errands(sign up)</b>  <b>10:00 Mitford w/Merlene- AR1</b>  <b>10:45 Piano w/Merlene-Lobby</b>  <b>11:00 Eat Out – BJs Brewhouse</b>  <b>2:00 Veterans Coffee w/Synergy Home Care- EC</b></p>	<p>10:00 Soda Pop Bingo – AR1  <b>11:00 Piano with Myra-Lobby</b>  <b>1:00 Music by Michael Cooper- EC</b>  <b>1:30 Positive Movement Exercise w/Angela- CTR3</b>  <b>6:30 Music by The Freedom Song Trio- EC</b></p> <p><b>Bernice Street- Birthday</b>  <small>Bastille Day</small></p>	<p>9:30 Exercise Group – CTR3  <b>10:00 Shopping-Dollar General/Braums</b>  <b>10:00 Mitford w/Merlene- AR1</b>  <b>10:45 Piano w/Merlene-Lobby</b>  <b>2:00 Coloring &amp; Cookies- AR1</b>          3:45 Prayer &amp; Share-NSR2          4:00 Joy Team Practice- EC  <b>Joan Deal- Birthday</b>  <b>Doris Hopper- Birthday</b></p>	<p>9:00 Bible Study with Helen-PDR  <b>10:00 Crafts with Melanie- AR3</b>  <b>11:00 John's Devotions-EC</b>  <b>2:00 Popcorn w/the President/Dr Newman- EC</b>          3:00 Guy Talk(Leader TBD)PDR          4:00 Joy Team Practice- EC          6:30 Diamond Dotz- AR1</p>	<p>9:30 Exercise Group- CTR3  <b>10:00 Mitford w/Merlene- AR1</b>  <b>10:45 Piano w/Merlene-Lobby</b>  <b>10:00 Shopping &amp; Lunch with Lorna</b>  <b>-Marshall's, HomeGoods and lunch at Green Chili Kitchen</b></p>	<p>2:00 Saturday Matinee- Plaza Room</p>
<p>9:30 Praise and Worship – EC          9:45 Doug Forsberg to speak.  <b>1:30 Bingo w/Keith – AR1</b>          6:00 Prayer Group– NSR2</p> <p>6:30 Sunday Night Gospel Song Service- EC</p>	<p><b>Man on the Moon Day</b>          9:30 Exercise Group- CTR3  <b>10:00 Run Errands(sign up)</b>  <b>10:00 Mitford w/Merlene- AR1</b>  <b>10:45 Piano w/Merlene-Lobby</b>  <b>1:00 Resident Assoc. Mtg- EC</b>  <b>2:00 Resident Dietary Mtg- EC</b></p>	<p><b>8:00 Men's Breakfast out</b>          10:00 Candy Bar Bingo – AR1  <b>11:00 Piano with Myra-Lobby</b>  <b>1:00 Poetry Group- Library</b>  <b>1:30 Positive Movement Exercise w/Angela- CTR3</b>  <b>2:00 Scrabble &amp; Snacks- AR1</b></p>	<p><b>Watermelon Wednesday</b>          9:30 Exercise Group – CTR3  <b>10:00 Shopping Walmart Market</b>  <b>10:00 Mitford w-/Merlene- AR1</b>  <b>10:45 Piano w/Merlene-Lobby</b>  <b>2:00 Watermelon Feast-AR1</b>  <b>3:00 Bible Study w/Dan-EC</b>          3:45 Prayer &amp; Share-NSR2          4:00 Joy Team Practice- EC  <b>Rita Harris- Birthday</b></p>	<p>9:00 Bible Study with Helen-PDR  <b>10:00 Crafts w/ Jenni -Bright StarAR3</b>  <b>11:00 John's Devotions-EC</b>  <b>1:00 Walker &amp; Wheelchair checks-EC</b>  <b>1:00 Aging in Place-- Veterans benefits class with Sylvester-AR1</b>  <b>1:30 Toby/Therapy Dog- Lobby</b>  <b>3:00 Music by Kelley Almond-EC</b>          4:00 Joy Team Practice- EC          6:30 Diamond Dotz- AR1  <b>Wanda Evans- Birthday</b></p>	<p>9:30 Exercise Group- CTR3  <b>10:00 Mitford w/Merlene- AR1</b>  <b>10:45 Piano w/Merlene-Lobby</b>  <b>1:00 Operation Christmas Child-Special Speaker- Christy Mardini- EC</b></p>	<p><b>Red Shoe Day</b>  <b>Lyme Disease Awareness</b>  <b>Wear your RED SHOES!</b></p> <p>2:00 Saturday Matinee- Plaza Room</p> <p><b>Jacquetta Eudaley- Birthday</b></p>
<p>9:30 Praise and Worship – EC          9:45 Doug Forsberg to speak.  <b>1:30 Bingo w/Keith – AR1</b>          6:00 Prayer Group– NSR2</p>	<p><b>Blue Monday(Wear Blue)</b>          9:30 Exercise Group- CTR3  <b>10:00 Music by The Silver Chords Choir-EC</b>  <b>10:00 Run Errands(sign up)</b>  <b>10:00 Mitford w/Merlene- AR1</b>  <b>10:45 Piano w/Merlene-Lobby</b>  <b>1:30 Resident Birthday Party-EC</b>  <b>2:00 Music by Carolyn &amp; Julie-EC</b></p>	<p>10:00 Mystery Bingo – AR1  <b>11:00 Piano with Myra-Lobby</b>  <b>1:00 Sing-a-Long w/Judy- EC</b>  <b>1:30 Positive Movement Exercise w/Angela- CTR3</b>          6:00 Book Discussion Group- PDR</p>	<p><b>Earn your Stripes Day</b>          (wear stripes)          9:30 Exercise Group – CTR3  <b>10:00 Shopping-Dollar Tree/Braums</b>  <b>10:00 Mitford w/Merlene- AR1</b>  <b>10:45 Piano w/Merlene-Lobby</b>  <b>2:00 Shop at the New ROC Location (20% off)</b>          3:45 Prayer &amp; Share-NSR2          4:00 Joy Team Practice- EC</p>	<p><b>International Day of Friendship</b>          9:00 Bible Study with Helen-PDR  <b>10:00 Crafts with Abiding - AR3</b>  <b>11:00 John's Devotions-EC</b>  <b>2:00 Cookies w/Friends- AR1</b>          4:00 Joy Team Practice- EC          6:30 Diamond Dotz- AR1  <b>Dee Samples- Birthday</b></p>	<p>9:30 Exercise Group- CTR3  <b>10-2 Pop-Up Shop-- Steph's Sparkle and Style- PDR</b>  <b>10:00 Mitford w/Merlene- AR1</b>  <b>10:45 Piano w/Merlene-Lobby</b></p> <p><b>Jeannine Martin- Birthday</b></p>	