


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>  <h1>February 2026</h1> <h2>Southern Plaza Assisted Living</h2> </div>						
9:30 <b>Worship Service by Doug Forsberg</b> (Event Center-1st) 2:00 <b>Movie: TBD</b> (Theater-3 <sup>rd</sup> ) 6:00 <b>Gametime/Group Choice</b> (3 <sup>rd</sup> ) Tu B'Shevat Begins	10:00 <b>Light and Lively Exercise</b> (3 <sup>rd</sup> ) 10:20 <b>Hymns/Devotion</b> (3 <sup>rd</sup> ) 10:45 <b>The Chronicle</b> (3 <sup>rd</sup> ) 11:00 <b>Hospitality Club</b> (Activity Kitchen-1 <sup>st</sup> ) 1:00 <b>Bingo with Faith from Dynamic Wound Care</b> (3 <sup>rd</sup> ) 2:00 <b>Red Velvet Blossom Cookie Making</b> (Activity Kitchen-1 <sup>st</sup> ) 3:30 <b>Bunco with Dusti</b> (3 <sup>rd</sup> ) 4:00 <b>Prayer Meeting</b> (Chapel-2nd) Groundhog Day	10:00 <b>Light and Lively Exercise</b> (3 <sup>rd</sup> ) 10:20 <b>Hymns/Devotion</b> (3 <sup>rd</sup> ) 10:45 <b>The Chronicle</b> (3 <sup>rd</sup> ) 1:00 <b>Friendly Feud</b> (3 <sup>rd</sup> ) 2:00 <b>Therapy Dog Toby sponsored by Traditions Hospice</b> (Lobby-1 <sup>st</sup> ) 3:00 <b>Bird Feed Making</b> (Activity Kitchen-1 <sup>st</sup> ) Feed the Birds Day Wear Spring colors!	10:00 <b>Light and Lively Exercise</b> (3 <sup>rd</sup> ) 10:20 <b>Hymns/Devotion</b> (3 <sup>rd</sup> ) 10:45 <b>The Chronicle</b> (3 <sup>rd</sup> ) 1:00 <b>Volleyoccer with Betty</b> (3 <sup>rd</sup> ) 2:00 <b>Share Your Story</b> (Chapel-2 <sup>nd</sup> ) 2:15 <b>Sheila OKC Arts Council</b> <b>Signup Required</b> (Activity Kitchen-1 <sup>st</sup> ) 3:00 <b>Bible Study with Dan DeOme</b> (Event Center-1 <sup>st</sup> )	10:00 <b>Light and Lively Exercise</b> (3 <sup>rd</sup> ) 10:20 <b>Hymns/Devotion</b> (3 <sup>rd</sup> ) 10:45 <b>The Chronicle</b> (3 <sup>rd</sup> ) 1:00 <b>Women's Bible Study with Denise</b> (Activity Kitchen-1 <sup>st</sup> ) 1:00 <b>Men's Bible Study with Dave Smith</b> (Chapel-2 <sup>nd</sup> ) 2:00 <b>Therapy Dog Murphy by Legacy Hospice</b> (Lobby-1 <sup>st</sup> ) 3:00 <b>Valentines Day Goodie Bags</b> (Activity Kitchen-1 <sup>st</sup> )	10:00 <b>Light and Lively Exercise</b> (3 <sup>rd</sup> ) 10:20 <b>Hymns/Devotion</b> (3 <sup>rd</sup> ) 10:45 <b>The Chronicle</b> (3 <sup>rd</sup> ) 11:00 <b>Cheddars Scratch Kitchen</b> <b>Signup Required</b> (Lobby-1 <sup>st</sup> ) 1:00 <b>Soccer</b> (3 <sup>rd</sup> ) 2:00 <b>Valentines Craft by Deidra A Path of Care</b> (Activity Kitchen-1 <sup>st</sup> ) 3:00 <b>Baritones</b> (Event Center-1 <sup>st</sup> ) Happy Birthday Mary B!	1:00 <b>Movie: TBD</b> (Theater-3 <sup>rd</sup> ) 1:00 <b>Inspire your heart with art/Portland Kids Choir</b> (Lobby-1 <sup>st</sup> ) 3:00 <b>Movie: TBD</b> (Theater-3 <sup>rd</sup> ) 6:00 <b>Gametime/Group Choice</b> (3 <sup>rd</sup> )
9:30 <b>Worship Service by Doug Forsberg</b> (Event Center-1st) 2:00 <b>Movie: TBD</b> (Theater-3 <sup>rd</sup> ) 6:00 <b>Gametime/Group Choice</b> (3 <sup>rd</sup> )	10:00 <b>Light and Lively Exercise</b> (3 <sup>rd</sup> ) 10:20 <b>Hymns/Devotion</b> (3 <sup>rd</sup> ) 10:45 <b>The Chronicle</b> (3 <sup>rd</sup> ) 1:00 <b>Bingo with Leslie from Refuge Care</b> (3 <sup>rd</sup> ) 2:00 <b>Veterans Coffee Social with Jason from Synergy Home Care</b> (Event Center-1 <sup>st</sup> ) 3:00 <b>Candy Bar game</b> (3 <sup>rd</sup> ) 4:00 <b>Prayer Meeting</b> (Chapel-2nd) Hershey's Chocolate Day. Wear brown!	10:00 <b>Light and Lively Exercise</b> (3 <sup>rd</sup> ) 10:20 <b>Hymns/Devotion</b> (3 <sup>rd</sup> ) 10:45 <b>The Chronicle</b> (3 <sup>rd</sup> ) 1:00 <b>1<sup>st</sup> Floor Fire Walk</b> (Lobby-1 <sup>st</sup> ) 1:30 <b>2<sup>nd</sup> Floor Fire Walk</b> (Library -2 <sup>nd</sup> ) 2:00 <b>Dried Floral Plaque</b> (Activity Kitchen-1 <sup>st</sup> ) 3:00 <b>Music by Brett Mitchell</b> (Event Center-1 <sup>st</sup> )	10:00 <b>Light and Lively Exercise</b> (3 <sup>rd</sup> ) 10:20 <b>Hymns/Devotion</b> (3 <sup>rd</sup> ) 10:45 <b>The Chronicle</b> (3 <sup>rd</sup> ) 1:30 <b>Time Capsules with Odessey Leadership</b> (Lobby-1 <sup>st</sup> ) 2:00 <b>Share Your Story</b> (Chapel-2 <sup>nd</sup> ) 3:00 <b>Valentines Pretzel Rods</b> (Activity Kitchen-1 <sup>st</sup> )	10:00 <b>Light and Lively Exercise</b> (3 <sup>rd</sup> ) 10:20 <b>Hymns/Devotion</b> (3 <sup>rd</sup> ) 10:45 <b>The Chronicle</b> (3 <sup>rd</sup> ) 1:00 <b>Women's Bible Study with Denise</b> (Activity Kitchen-1 <sup>st</sup> ) 1:00 <b>Men's Bible Study with Dave Smith</b> (Chapel-2 <sup>nd</sup> ) 2:00 <b>Heart Sun Catcher with Whitnee from Good Shepard</b> (Activity Kitchen-1 <sup>st</sup> )	10:00 <b>Light and Lively Exercise</b> (3 <sup>rd</sup> ) 10:20 <b>Hymns/Devotion</b> (3 <sup>rd</sup> ) 10:45 <b>The Chronicle</b> (3 <sup>rd</sup> ) 1:00 <b>Ross Shopping</b> <b>Signup Required</b> (Lobby-1 <sup>st</sup> ) 1:00 <b>Soccer</b> (3 <sup>rd</sup> ) 3:00 <b>Valentines Party</b> (Event Center-1 <sup>st</sup> ) Happy Valentines! Wear pink and/or red!	1:00 <b>Movie: TBD</b> (Theater-3 <sup>rd</sup> ) 3:00 <b>Movie: TBD</b> (Theater-3 <sup>rd</sup> ) 6:00 <b>Gametime/Group Choice</b> (3 <sup>rd</sup> ) Happy Birthday Nancy W! Valentine's Day
9:30 <b>Worship Service by Doug Forsberg</b> (Event Center-1st) 2:00 <b>Movie: TBD</b> (Theater-3 <sup>rd</sup> ) 6:00 <b>Gametime/Group Choice</b> (3 <sup>rd</sup> )	10:00 <b>Light and Lively Exercise</b> (3 <sup>rd</sup> ) 10:20 <b>Hymns/Devotion</b> (3 <sup>rd</sup> ) 10:45 <b>The Chronicle</b> (3 <sup>rd</sup> ) 1:00 <b>Bingo</b> (3 <sup>rd</sup> ) 2:00 <b>Dietary Meeting</b> (Event Center-1 <sup>st</sup> ) 3:00 <b>Listen and Learn Game</b> (3 <sup>rd</sup> ) 4:00 <b>Prayer Meeting</b> (Chapel-2nd) Happy Birthday Peggy W! Do a Grouch a favor day Presidents' Day (U.S.)	10:00 <b>Light and Lively Exercise</b> (3 <sup>rd</sup> ) 10:20 <b>Hymns/Devotion</b> (3 <sup>rd</sup> ) 10:45 <b>The Chronicle</b> (3 <sup>rd</sup> ) 1:00 <b>Mardi Gras Mask Making</b> (Activity Kitchen-1 <sup>st</sup> ) 2:00 <b>Therapy Dog Toby sponsored by Traditions Hospice</b> (Lobby-1 <sup>st</sup> ) 2:00 <b>Music by Sr. Ms. Oklahoma</b> (Event Center-1 <sup>st</sup> ) 3:00 <b>Mardi Gras Party</b> (Activity Kitchen-1 <sup>st</sup> ) Mardi Gras! Wear purple, green, or yellow!	10:00 <b>Light and Lively Exercise</b> (3 <sup>rd</sup> ) 10:20 <b>Hymns/Devotion</b> (3 <sup>rd</sup> ) 10:45 <b>The Chronicle</b> (3 <sup>rd</sup> ) 1:00 <b>Volleyoccer with Betty</b> (3 <sup>rd</sup> ) 2:00 <b>Share Your Story</b> (Chapel-2 <sup>nd</sup> ) 3:00 <b>UNO</b> (3 <sup>rd</sup> )	10:00 <b>Light and Lively Exercise</b> (3 <sup>rd</sup> ) 10:20 <b>Hymns/Devotion</b> (3 <sup>rd</sup> ) 10:45 <b>The Chronicle</b> (3 <sup>rd</sup> ) 1:00 <b>Women's Bible Study with Denise</b> (Activity Kitchen-1 <sup>st</sup> ) 1:00 <b>Men's Bible Study with Dave Smith</b> (Chapel-2 <sup>nd</sup> ) 2:00 <b>3<sup>rd</sup> Floor Fire Walk</b> (Lobby-3 <sup>rd</sup> ) 3:00 <b>Girl Talk with Denise</b> (Activity Kitchen-1 <sup>st</sup> ) 3:00 <b>Guy Talk</b> (Formal Dining Room-1 <sup>st</sup> ) Happy Birthday Don W!	10:00 <b>Light and Lively Exercise</b> (3 <sup>rd</sup> ) 10:20 <b>Hymns/Devotion</b> (3 <sup>rd</sup> ) 10:45 <b>The Chronicle</b> (3 <sup>rd</sup> ) 1:00 <b>Soccer</b> (3 <sup>rd</sup> ) 2:00 <b>Free Drive</b> <b>Signup Required</b> (Lobby-1 <sup>st</sup> )	1:00 <b>Movie: TBD</b> (Theater-3 <sup>rd</sup> ) 3:00 <b>Movie: TBD</b> (Theater-3 <sup>rd</sup> ) 6:00 <b>Gametime/Group Choice</b> (3 <sup>rd</sup> )
9:30 <b>Worship Service by Doug Forsberg</b> (Event Center-1st) 2:00 <b>Movie: TBD</b> (Theater-3 <sup>rd</sup> ) 6:00 <b>Gametime/Group Choice</b> (3 <sup>rd</sup> )	10:00 <b>Light and Lively Exercise</b> (3 <sup>rd</sup> ) 10:20 <b>Hymns/Devotion</b> (3 <sup>rd</sup> ) 10:45 <b>The Chronicle</b> (3 <sup>rd</sup> ) 1:00 <b>Bingo with Leslie from Refuge Care</b> (3 <sup>rd</sup> ) 1:00 <b>Meet-N-Greet</b> (3 <sup>rd</sup> ) 2:00 <b>Resident Council</b> (3 <sup>rd</sup> ) 3:00 <b>Play Tennis</b> (3 <sup>rd</sup> ) 4:00 <b>Prayer Meeting</b> (Chapel-2nd) Happy Birthday George L! National Play tennis day!	10:00 <b>Light and Lively Exercise</b> (3 <sup>rd</sup> ) 10:20 <b>Hymns/Devotion</b> (3 <sup>rd</sup> ) 10:45 <b>The Chronicle</b> (3 <sup>rd</sup> ) 1:00 <b>Sing Along with Judy</b> (Event Center-1 <sup>st</sup> ) 2:00 <b>Popcorn Club with Micah/ sponsored Legacy Family Hospice</b> (Activity Kitchen-1 <sup>st</sup> ) 3:00 <b>Sock Snowman with Whitnee from Good Shepard</b> (Activity Kitchen-1 <sup>st</sup> )	10:00 <b>Light and Lively Exercise</b> (3 <sup>rd</sup> ) 10:20 <b>Hymns/Devotion</b> (3 <sup>rd</sup> ) 10:45 <b>The Chronicle</b> (3 <sup>rd</sup> ) 1:30 <b>Scavenger Hunt with Odessey Leadership</b> (Lobby-1 <sup>st</sup> ) 2:00 <b>Share Your Story</b> (Chapel-2 <sup>nd</sup> ) 3:00 <b>Bible Study with Dan DeOme</b> (Event Center-1 <sup>st</sup> )	10:00 <b>Light and Lively Exercise</b> (3 <sup>rd</sup> ) 10:20 <b>Hymns/Devotion</b> (3 <sup>rd</sup> ) 10:45 <b>The Chronicle</b> (3 <sup>rd</sup> ) 1:00-2:00 <b>Lindsey Medical for Safety Checks</b> (Event Center-1 <sup>st</sup> ) 1:00 <b>Women's Bible Study with Denise</b> (Activity Kitchen-1 <sup>st</sup> ) 1:00 <b>Men's Bible Study with Dave Smith</b> (Chapel-2 <sup>nd</sup> ) 2:00 <b>Monthly Birthday sponsored by Deidra A Path of Care</b> (Event Center-1 <sup>st</sup> ) 3:00 <b>Memory Lane</b> (Lobby-1 <sup>st</sup> )	10:00 <b>Light and Lively Exercise</b> (3 <sup>rd</sup> ) 10:20 <b>Hymns/Devotion</b> (3 <sup>rd</sup> ) 10:45 <b>The Chronicle</b> (3 <sup>rd</sup> ) 11:00 <b>Hideaway Pizza</b> <b>Signup Required</b> (Lobby-1 <sup>st</sup> ) 1:00 <b>Soccer</b> (3 <sup>rd</sup> ) 2:00 <b>Music by Kelly Almond</b> (Event Center-1 <sup>st</sup> ) 3:00 <b>Picture Frame Cross</b> (Activity Kitchen-1 <sup>st</sup> )	1:00 <b>Movie: TBD</b> (Theater-3 <sup>rd</sup> ) 3:00 <b>Movie: TBD</b> (Theater-3 <sup>rd</sup> ) 6:00 <b>Gametime/Group Choice</b> (3 <sup>rd</sup> )