

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2026

Southern Plaza Assisted Living

<p>9:30 Worship Service by Doug Forsberg (Event Center-1st) 2:00 Movie: TBD (Theater-3rd) 6:00 Gametime/Group Choice (3rd)</p> <p>Tu B'Shevat Begins</p>	<p>10:00 Light and Lively Exercise (3rd) 10:20 Hymns/Devotion (3rd) 10:45 The Chronicle (3rd) 11:00 Hospitality Club (Activity Kitchen-1st) 1:00 Bingo with Faith from Dynamic Wound Care (3rd) 2:00 Red Velvet Blossom Cookie Making (Activity Kitchen-1st) 3:30 Bunco with Dusti (3rd) 4:00 Prayer Meeting (Chapel-2nd)</p> <p>Groundhog Day</p>	<p>10:00 Light and Lively Exercise (3rd) 10:20 Hymns/Devotion (3rd) 10:45 The Chronicle (3rd) 1:00 Friendly Feud (3rd) 2:00 Therapy Dog Toby sponsored by Traditions Hospice (Lobby-1st) 3:00 Bird Feed Making (Activity Kitchen-1st) Feed the Birds Day Wear Spring colors!</p>	<p>10:00 Light and Lively Exercise (3rd) 10:20 Hymns/Devotion (3rd) 10:45 The Chronicle (3rd) 1:00 Volleyoccer with Betty (3rd) 2:00 Share Your Story (Chapel-2nd) 2:15 Sheila OKC Arts Council Signup Required (Activity Kitchen-1st) 3:00 Bible Study with Dan DeOme (Event Center-1st)</p>	<p>10:00 Light and Lively Exercise (3rd) 10:20 Hymns/Devotion (3rd) 10:45 The Chronicle (3rd) 1:00 Women's Bible Study with Denise (Activity Kitchen-1st) 1:00 Men's Bible Study with Dave Smith (Chapel-2nd) 2:00 Therapy Dog Murphy by Legacy Hospice (Lobby-1st) 3:00 Valentines Day Goodie Bags (Activity Kitchen-1st)</p>	<p>10:00 Light and Lively Exercise (3rd) 10:20 Hymns/Devotion (3rd) 10:45 The Chronicle (3rd) 11:00 Cheddars Scratch Kitchen Signup Required (Lobby-1st) 1:00 Soccer (3rd) 2:00 Valentines Craft by Deidra A Path of Care (Activity Kitchen-1st) 3:00 Baritones (Event Center-1st) Happy Birthday Mary B!</p>	<p>1:00 Movie: TBD (Theater-3rd) 1:00 Inspire your heart with art/Portland Kids Choir (Lobby-1st) 3:00 Movie: TBD (Theater-3rd) 6:00 Gametime/Group Choice (3rd)</p>
<p>9:30 Worship Service by Doug Forsberg (Event Center-1st) 2:00 Movie: TBD (Theater-3rd) 6:00 Gametime/Group Choice (3rd)</p> <p>Hershey's Chocolate Day. Wear brown!</p>	<p>10:00 Light and Lively Exercise (3rd) 10:20 Hymns/Devotion (3rd) 10:45 The Chronicle (3rd) 1:00 Bingo with Leslie from Refuge Care (3rd) 2:00 Veterans Coffee Social with Jason from Synergy Home Care (Event Center-1st) 3:00 Candy Bar game (3rd) 4:00 Prayer Meeting (Chapel-2nd)</p>	<p>10:00 Light and Lively Exercise (3rd) 10:20 Hymns/Devotion (3rd) 10:45 The Chronicle (3rd) 1:00 1st Floor Fire Walk (Lobby-1st) 1:30 2nd Floor Fire Walk (Library -2nd) 2:00 Dried Floral Plaque (Activity Kitchen-1st) 3:00 Music by Brett Mitchell (Event Center-1st)</p>	<p>10:00 Light and Lively Exercise (3rd) 10:20 Hymns/Devotion (3rd) 10:45 The Chronicle (3rd) 1:30 Time Capsules with Odessey Leadership (Lobby-1st) 2:00 Share Your Story (Chapel-2nd) 3:00 Valentines Pretzel Rods (Activity Kitchen-1st)</p>	<p>10:00 Light and Lively Exercise (3rd) 10:20 Hymns/Devotion (3rd) 10:45 The Chronicle (3rd) 1:00 Women's Bible Study with Denise (Activity Kitchen-1st) 1:00 Men's Bible Study with Dave Smith (Chapel-2nd) 2:00 Heart Sun Catcher with Whitnee from Good Shepard (Activity Kitchen-1st)</p>	<p>10:00 Light and Lively Exercise (3rd) 10:20 Hymns/Devotion (3rd) 10:45 The Chronicle (3rd) 1:00 Ross Shopping Signup Required (Lobby-1st) 1:00 Soccer (3rd) 3:00 Valentines Party (Event Center-1st) Happy Valentines! Wear pink and/or red!</p>	<p>1:00 Movie: TBD (Theater-3rd) 3:00 Movie: TBD (Theater-3rd) 6:00 Gametime/Group Choice (3rd) Happy Birthday Nancy W!</p>
<p>9:30 Worship Service by Doug Forsberg (Event Center-1st) 2:00 Movie: TBD (Theater-3rd) 6:00 Gametime/Group Choice (3rd)</p> <p>Happy Birthday Peggy W! Do a Grouch a favor day</p> <p>Presidents' Day (U.S.)</p>	<p>10:00 Light and Lively Exercise (3rd) 10:20 Hymns/Devotion (3rd) 10:45 The Chronicle (3rd) 1:00 Bingo (3rd) 2:00 Dietary Meeting (Event Center-1st) 3:00 Listen and Learn Game (3rd) 4:00 Prayer Meeting (Chapel-2nd)</p>	<p>10:00 Light and Lively Exercise (3rd) 10:20 Hymns/Devotion (3rd) 10:45 The Chronicle (3rd) 1:00 Mardi Gras Mask Making (Activity Kitchen-1st) 2:00 Therapy Dog Toby sponsored by Traditions Hospice (Lobby-1st) 2:00 Music by Sr. Ms. Oklahoma (Event Center-1st) 3:00 Mardi Gras Party (Activity Kitchen-1st) Mardi Gras! Wear purple, green, or yellow!</p>	<p>10:00 Light and Lively Exercise (3rd) 10:20 Hymns/Devotion (3rd) 10:45 The Chronicle (3rd) 1:00 Volleyoccer with Betty (3rd) 2:00 Share Your Story (Chapel-2nd) 3:00 UNO (3rd)</p>	<p>10:00 Light and Lively Exercise (3rd) 10:20 Hymns/Devotion (3rd) 10:45 The Chronicle (3rd) 1:00 Women's Bible Study with Denise (Activity Kitchen-1st) 1:00 Men's Bible Study with Dave Smith (Chapel-2nd) 2:00 3rd Floor Fire Walk (Lobby-3rd) 3:00 Girl Talk with Denise (Activity Kitchen-1st) 3:00 Guy Talk (Formal Dining Room-1st) Happy Birthday Don W!</p>	<p>10:00 Light and Lively Exercise (3rd) 10:20 Hymns/Devotion (3rd) 10:45 The Chronicle (3rd) 1:00 Soccer (3rd) 2:00 Free Drive Signup Required (Lobby-1st)</p>	<p>1:00 Movie: TBD (Theater-3rd) 3:00 Movie: TBD (Theater-3rd) 6:00 Gametime/Group Choice (3rd)</p>
<p>9:30 Worship Service by Doug Forsberg (Event Center-1st) 2:00 Movie: TBD (Theater-3rd) 6:00 Gametime/Group Choice (3rd)</p> <p>Happy Birthday George L! National Play tennis day!</p>	<p>10:00 Light and Lively Exercise (3rd) 10:20 Hymns/Devotion (3rd) 10:45 The Chronicle (3rd) 1:00 Bingo with Leslie from Refuge Care (3rd) 1:00 Meet-N-Greet (3rd) 2:00 Resident Council (3rd) 3:00 Play Tennis (3rd) 4:00 Prayer Meeting (Chapel-2nd)</p>	<p>10:00 Light and Lively Exercise (3rd) 10:20 Hymns/Devotion (3rd) 10:45 The Chronicle (3rd) 1:00 Sing Along with Judy (Event Center-1st) 2:00 Popcorn Club with Micah/ sponsored Legacy Family Hospice (Activity Kitchen-1st) 3:00 Sock Snowman with Whitnee from Good Shepard (Activity Kitchen-1st)</p>	<p>10:00 Light and Lively Exercise (3rd) 10:20 Hymns/Devotion (3rd) 10:45 The Chronicle (3rd) 1:30 Scavenger Hunt with Odessey Leadership (Lobby-1st) 2:00 Share Your Story (Chapel-2nd) 3:00 Bible Study with Dan DeOme (Event Center-1st)</p>	<p>10:00 Light and Lively Exercise (3rd) 10:20 Hymns/Devotion (3rd) 10:45 The Chronicle (3rd) 1:00-2:00 Lindsey Medical for Safety Checks (Event Center-1st) 1:00 Women's Bible Study with Denise (Activity Kitchen-1st) 1:00 Men's Bible Study with Dave Smith (Chapel-2nd) 2:00 Monthly Birthday sponsored by Deidra A Path of Care (Event Center-1st) 3:00 Memory Lane (Lobby-1st)</p>	<p>10:00 Light and Lively Exercise (3rd) 10:20 Hymns/Devotion (3rd) 10:45 The Chronicle (3rd) 11:00 Hideaway Pizza Signup Required (Lobby-1st) 1:00 Soccer (3rd) 2:00 Music by Kelly Almond (Event Center-1st) 3:00 Picture Frame Cross (Activity Kitchen-1st)</p>	<p>1:00 Movie: TBD (Theater-3rd) 3:00 Movie: TBD (Theater-3rd) 6:00 Gametime/Group Choice (3rd)</p>