March 2020

Southern Plaza Memory Care Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:00 Hymns/Devotions 9:30 Morning Exercise 9:45 Daily Chronicles & Snack 11:00 Tv Room (Ball Toss) 11:30 Sing a Long 1:00 Quiet Time- Soft Music 2:00 Walk Around Club 2:30 Table Games (Activity Room) 3:30 Bean Bag Toss (Tv Room) 4:00 Bat & Balloon 4:30 Sing a Long 6:00 TV Room (Ball Toss) 7:00 Hallmark Ch#212	**2** 9:00 Hymns/Devotions 9:30 Morning Exercise 9:45 Daily Chronicles & Snack 11:00 Tv Room (Ball Toss) 11:30 Sing a Long 1:00 Quiet Time- Soft Music 2:00 Walk Around Club 2:30 PRETTY NAILS with Cindy From Excel Hospice 3:30 Coloring Pages 4:00 Bat & Balloon 4:30 Sing a Long 6:00 TV Room (Ball Toss)	**3** 9:00 Hymns/Devotions 9:30 Morning Exercise 9:45 T/Dog to visit residents 11:00 Tv Room (Ball Toss) 11:30 Sing a Long 1:00 Quiet Time- Soft Music 2:00 Walk Around Club 2:30 Baking with Love 3:30 FILL IN THE BLANKS 4:00 Bat & Balloon 4:30 Sing a Long 6:00 TV Room (Ball Toss) 7:00 Hallmark Ch#212	**4** 9:00 Hymns/Devotions 9:30 Morning Exercise 9:45 Daily Chronicles & Snack 11:00 Tv Room (Ball Toss) 11:30 Sing a Long 1:00 Quiet Time- Soft Music 2:00 Walk Around Club 2:30 Group Painting!! 3:30 Celebrate NATIONAL MUFFIN DAY! 4:00 Bat & Balloon 4:30 Sing a Long 6:00 TV Room (Ball Toss) 7:00 Hallmark Ch#212	**5** 9:00 Hymns/Devotions 9:30 Morning Exercise 9:45 Daily Chronicles & Snack 11:00 Tv Room (Ball Toss) 11:30 Sing a Long 1:00 Quiet Time- Soft Music 2:00 Walk Around Club 2:30 Movie & Popcorn 3:30 Jokes 4:00 Bat & Balloon 4:30 Sing a Long 6:00 TV Room (Ball Toss) 7:00 Hallmark Ch#212	**6** 9:00 Hymns/Devotions 9:30 Morning Exercise 9:45 Daily Chronicles & Snack 11:00 Tv Room (Ball Toss) 11:30 Sing a Long 1:00 Quiet Time- Soft Music 2:00 Walk Around Club 2:30 Table Games (Activity Room) 3:30 Bean Bag Toss (Tv Room) 4:00 Bat & Balloon 4:30 Sing a Long 6:00 TV Room (Ball Toss) 7:00 Hallmark Ch#212	**7** 9:00 Hymns/Devotions 9:30 Morning Exercise 9:45 Daily Chronicles & Snack 11:00 Tv Room (Ball Toss) 11:30 Sing a Long 1:00 Quiet Time- Soft Music 2:00 Walk Around Club 2:30 Bean Bag Toss Game (Tv Room) 3:30 Coloring Pages 4:00 Bat & Balloon 4:30 Sing a Long 6:00 TV Room (Ball Toss)
8 9:00 Hymns/Devotions 9:30 Morning Exercise 9:45 Daily Chronicles & Snack 11:00 Tv Room (Ball Toss) 11:30 Sing a Long 1:00 Quiet Time- Soft Music 2:00 Walk Around Club 2:30 Table Games (Activity Room) 3:30 Bean Bag Toss (Tv Room) 4:00 Bat & Balloon 4:30 Sing a Long 6:00 TV Room (Ball Toss) 7:00 Hallmark Ch#212 Daylight Saving Time Begins	**9** NATIONAL CREAM CHEESE BROWNIE DAY 9:00 Hymns/Devotions 9:30 Morning Exercise 9:45 Daily Chronicles & Snack 11:00 Tv Room (Ball Toss) 11:30 Sing a Long 1:00 Quiet Time- Soft Music 2:00 Walk Around Club 2:30 CREAM CHEESE BROWNIES 3:30 “Fill in the Blank” 4:00 Bat & Balloon 4:30 Sing a Long 6:00 TV Room (Ball Toss) Purim Begins	**10** 9:00 Hymns/Devotions 9:30 Morning Exercise 9:45 Daily Chronicles & Snack 11:00 Tv Room (Ball Toss) 11:30 Sing a Long 1:00 NORTHWEST BAPTIST CHOIR 2:00 Walk Around Club 2:30 Baking with Love 3:30 Jokes 4:00 Bat & Balloon 4:30 Sing a Long 6:00 TV Room (Ball Toss) 7:00 Hallmark Ch#212	**11** 9:00 Hymns/Devotions 9:30 Morning Exercise 9:45 Daily Chronicles & Snack 11:00 Tv Room (Ball Toss) 11:30 Sing a Long 1:00 Quiet Time- Soft Music 2:00 Walk Around Club 2:30 Group Painting!! 3:30 Fill in the Blank 4:00 Bat & Balloon 4:30 Sing a Long 6:00 TV Room (Ball Toss) 7:00 Hallmark Ch#212	**12** 9:00 Hymns/Devotions 9:30 Morning Exercise 9:45 Daily Chronicles & Snack 11:00 Tv Room (Ball Toss) 11:30 Sing a Long 1:00 Quiet Time- Soft Music 2:00 PRETTY NAILS with Good Shepherd 2:30 Movie & Popcorn 3:30 Jokes 4:00 Bat & Balloon 4:30 Sing a Long 6:00 TV Room (Ball Toss) 7:00 Hallmark Ch#212	**13** 9:00 Hymns/Devotions 9:30 Morning Exercise 9:45 Daily Chronicles & Snack 11:00 Tv Room (Ball Toss) 11:30 Sing a Long 1:00 Quiet Time- Soft Music 2:00 VALENTINE’S DAY PARTY 2:30 Table Games (Activity Room) 3:30 Fill in the Blank 4:00 Bat & Balloon 4:30 Sing a Long 6:00 TV Room (Ball Toss) 7:00 Hallmark Ch#212	**14** 9:00 Hymns/Devotions 9:30 Morning Exercise 9:45 Daily Chronicles & Snack 11:00 Tv Room (Ball Toss) 11:30 Sing a Long 1:00 Quiet Time- Soft Music 2:00 Walk Around Club 2:30 Bean Bag Toss Game (Tv Room) 3:30 Coloring Pages 4:00 Bat & Balloon 4:30 Sing a Long 6:00 TV Room (Ball Toss)
15 9:00 Hymns/Devotions 9:30 Morning Exercise 9:45 Daily Chronicles & Snack 11:00 Tv Room (Ball Toss) 11:30 Sing a Long 1:00 Quiet Time- Soft Music 2:00 Walk Around Club 2:30 Table Games (Activity Room) 3:30 Bean Bag Toss (Tv Room) 4:00 Bat & Balloon 4:30 Sing a Long 6:00 TV Room (Ball Toss) 7:00 Hallmark Ch#212	**16** 9:00 Hymns/Devotions 9:30 Morning Exercise 9:45 Daily Chronicles & Snack 11:00 Tv Room (Ball Toss) 11:30 Sing a Long 1:00 Quiet Time- Soft Music 2:00 Walk Around Club 2:30 Bean Bag Toss Game (Tv Room) 3:30 Coloring Pages 4:00 Bat & Balloon 4:30 Sing a Long 6:00 TV Room (Ball Toss)	**17** 9:00 Hymns/Devotions 9:30 Morning Exercise 9:45 Daily Chronicles & Snack 11:00 Tv Room (Ball Toss) 11:30 Sing a Long 1:00 Quiet Time- Soft Music 2:00 Fun with Physician’s Choice! 2:30 ST PATRICK’S DAY PARTY 3:30 Trivia 4:00 Bat & Balloon 4:30 Sing a Long 6:00 TV Room (Ball Toss) 7:00 Hallmark Ch#212 St. Patrick's Day	**18** 9:00 Hymns/Devotions 9:30 Morning Exercise 9:45 Daily Chronicles & Snack 11:00 Tv Room (Ball Toss) 11:30 Sing a Long 1:00 Quiet Time- Soft Music 2:00 Walk Around Club 2:30 Group Painting!! 3:30 Jokes 4:00 Bat & Balloon 4:30 Sing a Long 6:00 TV Room (Ball Toss) 7:00 Hallmark Ch#212	**19** 9:00 Hymns/Devotions 9:30 Morning Exercise 9:45 Daily Chronicles & Snack 11:00 Tv Room (Ball Toss) 11:30 Sing a Long 1:00 Quiet Time- Soft Music 2:00 Walk Around Club 2:30 Movie & Popcorn 3:30 Fill in the Blank 4:00 Bat & Balloon 4:30 Sing a Long 6:00 TV Room (Ball Toss) 7:00 Hallmark Ch#212 Spring Begins	**20** 9:00 Hymns/Devotions 9:30 Morning Exercise 9:45 Daily Chronicles & Snack 11:00 Tv Room (Ball Toss) 11:30 Sing a Long 1:00 Quiet Time- Soft Music 2:00 Walk Around Club 2:30 FEBRUARY BIRTHDAY PARTY 3:30 Bean Bag Toss (Tv Room) 4:00 Bat & Balloon 4:30 Sing a Long 6:00 TV Room (Ball Toss) 7:00 Hallmark Ch#212	**21** 9:00 Hymns/Devotions 9:30 Morning Exercise 9:45 Daily Chronicles & Snack 11:00 Tv Room (Ball Toss) 11:30 Sing a Long 1:00 Quiet Time- Soft Music 2:00 Walk Around Club 2:30 Bean Bag Toss Game (Tv Room) 3:30 Coloring Pages 4:00 Bat & Balloon 4:30 Sing a Long 6:00 TV Room (Ball Toss)
22 9:00 Hymns/Devotions 9:30 Morning Exercise 9:45 Daily Chronicles & Snack 11:00 Tv Room (Ball Toss) 11:30 Sing a Long 1:00 Quiet Time- Soft Music 2:00 Walk Around Club 2:30 Table Games (Activity Room) 3:30 Bean Bag Toss (Tv Room) 4:00 Bat & Balloon 4:30 Sing a Long 6:00 TV Room (Ball Toss) 7:00 Hallmark Ch#212	**23** 9:00 Hymns/Devotions 9:30 Morning Exercise 9:45 Daily Chronicles & Snack 11:00 Ball Toss (Living Room) 11:30 Sing a Long 1:00 Quiet Time- Soft Music 2:00 Walk Around Club 2:30 Bingo & Popcorn 3:30 Jokes 4:00 Bat & Balloon 4:30 Sing a Long 6:00 TV Room (Ball Toss) 7:00 Hallmark Ch#212	**24** 9:00 Hymns/Devotions 9:30 Morning Exercise 9:45 Daily Chronicles & Snack 11:00 Tv Room (Ball Toss) 11:30 Sing a Long 1:00 Quiet Time- Soft Music 2:00 Walk Around Club 2:30 Baking with Love 3:30 Trivia 4:00 Bat & Balloon 4:30 Sing a Long 6:00 TV Room (Ball Toss) 7:00 Hallmark Ch#212	**25** 9:00 Hymns/Devotions 9:30 Morning Exercise 9:45 Daily Chronicles & Snack 11:00 Tv Room (Ball Toss) 11:30 Sing a Long 1:00 Quiet Time- Soft Music 2:00 Walk Around Club 2:30 Group Painting!! 3:30 Fill in the Blanks 4:00 Bat & Balloon 4:30 Sing a Long 6:00 TV Room (Ball Toss) 7:00 Hallmark Ch#212	**26** 9:00 Hymns/Devotions 9:30 Morning Exercise 9:45 Daily Chronicles & Snack 11:00 Tv Room (Ball Toss) 11:30 Sing a Long 1:00 Quiet Time- Soft Music 2:00 Walk Around Club 2:30 Movie & Popcorn 3:30 Jokes 4:00 Bat & Balloon 4:30 Sing a Long 6:00 TV Room (Ball Toss) 7:00 Hallmark Ch#212	**27** 9:00 Hymns/Devotions 9:30 Morning Exercise 9:45 Daily Chronicles & Snack 11:00 Tv Room (Ball Toss) 11:30 Sing a Long 1:00 Quiet Time- Soft Music 2:00 Walk Around Club 2:30 CELEBRATE FRENCH FRY DAY! 3:30 Bean Bag Toss (Tv Room) 4:00 Bat & Balloon 4:30 Sing a Long 6:00 TV Room (Ball Toss) 7:00 Hallmark Ch#212	**28** 9:00 Hymns/Devotions 9:30 Morning Exercise 9:45 Daily Chronicles & Snack 11:00 Tv Room (Ball Toss) 11:30 Sing a Long 1:00 Quiet Time- Soft Music 2:00 Walk Around Club 2:30 Bean Bag Toss Game (Tv Room) 3:30 Coloring Pages 4:00 Bat & Balloon 4:30 Sing a Long 6:00 TV Room (Ball Toss)
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