May 2026

Southern Plaza Retirement Community-IL

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 MAY DAY 9:30 Exercise Group- CTR3 **10:00 Mitford w/Merlene- AR1** **10:45 Piano w/Merlene-Lobby** 3:00 Bingo w/Ariel-AR1 Martha Verge- Birthday May Day	**2** 10:00 Cardmaking Class with Judy(5:00 fee) NSR3 2:00 Saturday Matinee-Plaza Room
3 9:30 Praise and Worship – EC 9:45 Doug Forsberg to speak. **1:30 Bingo w/Keith – AR1** 6:00 Prayer Group– NSR2 Nancy Landrum- Birthday	**4** Firefighters Day 9:30 Exercise Group- CTR3 10:00 MUSIC/SILVER CHORDS CHOIR- EC 10:00 Run Errands(sign up) **10:00 Mitford w/Merlene- AR1** **10:45 Piano w/Merlene-Lobby** **1:00 Make cookies for our Firefighters/First Responders- AR!** **3:00 Deliver Cookies** 10:00 Cardmaking w/Judy(5.00 fee) NSR3	**5** 10:00 Quarter Bingo – AR1 **10:45 Music by Senior Singers- EC** **11:00 Piano with Myra-Lobby** **1:30 Positive Movement w/Angela-CTR3** **2:00 Chips and Queso- AR1** **3:00 Classical Music by Keziah-EC** **6:00 Performance by Tap Dance OKC- EC** Cinco de Mayo	**6** 9:30 Exercise Group – CTR3 10:00 Shopping-Dollar Tree/Braums **10:00 Mitford w/Merlene- AR1** **10:45 Piano w/Merlene-Lobby** **1:00 Crafts w/Sheila-Painting of Flowers- AR3** **3:00 Devotions w/Dan- EC** 3:45 Prayer & Share- NSR2	**7** 9:00 Bible Study with Helen-PDR **10:00 Crafts w/ Breanna/Devoted Health Plans-AR3** **11:00 John's Devotions-EC** **6:30 Diamond Dotz Craft Group-AR1**	**8** 9:30 Exercise Group- CTR3 **10:00 Mitford w/Merlene- AR1** 10:00 Queen for the Day Ladies Tea * Fashion Show *Terry Cobb to speak	**9** National Peter Pan Day a 2:00 Saturday Matinee-Plaza Room Ken Sloan- Birthday
10 Happy Mother's Day! 9:30 Praise and Worship – EC 9:45 Doug Forsberg to speak. 6:00 Prayer Group– NSR2 Willie Burkhart-Birthday Mother's Day National Skilled Nursing Care Week	**11** 9:30 Exercise Group- CTR3 10:00 Run Errands(sign up) **10:00 Mitford w/Merlene- AR1** **10:45 Piano w/Merlene-Lobby** **10:45 Eat at Eichens Chicken & Okarche Cinnamen Rolls** **2:00 Coffee w/Veterans- EC**	**12** 10:00 Snack Bingo – AR1 **11:00 Piano with Myra-Lobby** **1:00 Poetry Group- Library** **1:30 Positive Movement w/Angela-CTR3** **1:30 Toby-Therapy Dog-Lobby** **2:00 Ms Senior Oklahoma Group-EC**	**13** 9:30 Exercise Group – CTR3 10:00 Shopping-Walmart **10:00 Mitford w/Merlene- AR1** **10:45 Piano w/Merlene-Lobby** 2:00 BASIC COMPUTER CLASS W/BRUCE- Coffee & Cookies- AR1 3:45 Prayer & Share- NSR2 4:00 InJoy Choir Practice- EC Betty Sharrer- Birthday	**14** 9:00 Bible Study with Helen-PDR **10:00 Crafts with Melanie- AR3** **11:00 John's Devotions-EC** **3:00 Guy Talk-PDR** 4:00 InJoy Choir Practice- EC **6:30 Diamond Dotz Craft Group-AR1**	**15** 9:30 Exercise Group- CTR3 10:00 Shopping **& Brunch w/the Girls. La Baguette Bistro and then Shopping on Memorial.** **10:00 Mitford with Merlene- AR1** **10:45 Piano w/Merlene-Lobby** 1:00 Bunco with Anne- NSR3	**16** 2:00 Saturday Matinee-Plaza Room Doris Green-Birthday Armed Forces Day
17 9:30 Praise and Worship – EC 9:45 Doug Forsberg to speak. **1:30 Bingo w/Keith – AR1** 6:00 Prayer Group– NSR2 Helen Blankenship-Birthday	**18** I love Reeces Day 9:30 Exercise Group- CTR3 10:00 Run Errands(sign up) **10:00 Mitford w/Merlene- AR1** **10:45 Piano w/Merlene-Lobby** **1:00 Resident Assoc Mtg- EC** **2:00 Resident Dietary Mtg- EC** Victoria Day (Canada)	**19** 8:00 Men's Breakfast Out 10:00:Paper Bingo – AR1 **11:00 Piano with Myra-Lobby** **2:00 50's, 60's, & 70's Music by James Randolf- EC** 3:00 Student Piano Recital with Margaret Ann Adams.-EC Arlen Jakobitz-Birthday	**20** 9:30 Exercise Group – CTR3 10:00 Shopping-Dollar General/Braums **10:00 Mitford w/Merlene- AR1** **10:45 Piano w/Merlene-Lobby** 1:00 Bingo with Jeff/Archwell- AR1 3:00 Music by Michael Cooper- EC 3:45 Prayer & Share- NSR2 4:00 InJoy Choir Practice- EC	**21** 9:00 Bible Study with Helen-PDR **10:00 Coffee and Conversation with Melanie- AR1** **11:00 John's Devotions-EC** **12:45 BP & Blood Sugar Chks AR1** 2:00 Popcorn with the President-EC 4:00 InJoy Choir Practice- EC **6:30 Diamond Dotz Craft Group-AR1** Shavuot Begins	**22** 9:30 Exercise Group- CTR3 **10:00 Mitford w/Merlene- AR1** **10:45 Piano w/Merlene-Lobby** 2:00 Homemade Ice Cream Social- EC Roy Austin-Birthday	**23** **9:30 Positive Movement w/Angela-CTR3** 2:00 Saturday Matinee-Plaza Room Dorothy Southwell- Birthday
24 9:30 Praise and Worship – EC 9:45 Doug Forsberg to speak. **1:30 Bingo w/Keith – AR1** 6:00 Prayer Group– NSR2	**25** Memorial Day 9:30 Exercise Group- CTR3 **10:00 Mitford w/Merlene- AR1** **10:45 Piano w/Merlene-Lobby** 	**26** Cherry Dessert Day 10:00 Soda Pop Bingo – AR1 **11:00 Piano with Myra-Lobby** **1:30 Toby-Therapy Dog** **1:30 Resident Birthday Party-EC** **2:00 Special Music- TBD** **6:30- Book Discussion Group-PDR**	**27** 9:30 Exercise Group – CTR3 10:00 Shopping-Walmart Market **10:00 Mitford w/Merlene- AR1** **10:45 Piano w/Merlene-Lobby** 2:00 Iphone Info and Scam Prevention & Fried Pies w/Blake--Ar1 {sign up at the Front Desk} 3:00 Devotions w/Dan- EC 3:45 Prayer & Share- NSR2 4:00 InJoy Choir Practice- EC	**28** Nat'l Go for a Drive Day 9:00 Bible Study with Helen-PDR **10:00 Crafts with Melanie- AR3** **11:00 John's Devotions-EC** **1:00 Wheelchair & Walker checks-EC** **2:00 Bus Outing** 4:00 InJoy Choir Practice- EC **6:30 Diamond Dotz Craft Group-AR1**	**29** Crocodile Day 9:30 Exercise Group- CTR3 **10-2 Pop-Uphop - Steph's Sparkle and Style- PDR** **10:00 Mitford w/Merlene- AR1** **10:45 Piano w/Merlene-Lobby** **1:00 Sing a Long with Judy-EC**	**30** 9:30 **Positive Movement w/Angela-CTR3** 2:00 Saturday Matinee-Plaza Room
31 9:30 Praise and Worship – EC 9:45 Doug Forsberg to speak. **1:30 Bingo w/Keith – AR1** 6:00 Prayer Group– NSR2 Janet Short- Birthday						

. CTR-Center 3rd Floor, SSR1- S Sitting Rm 1st Floor, EC- Event Center, SSR2 S Sitting Rm 2nd Floor, AR1 Activity Rm 1st Floor, AR3 – Activity RM 3rd Floor, NSR2 N Sitting Rm 2nd Floor, NSR3- N Sitting RM 3rd *Floor*