

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday


April 2026


Southern Plaza Retirement Community- IL

1 *Pink Moon Day* Wear Pink!!
 9:30 Exercise Group – CTR3
 10:00 Shopping-Walmart Market
 10:00 Mitford w/Merlene- AR1
 10:45 Piano w/Merlene-Lobby
 1:00 Crafts w/Sheila-AR3
 2:00 Renew Life Transition Group- PDR
 2:00 Easter Egg Hunt/Archwell – Popcorn Bar- Lobby
 3:00 InJoy Choir Practice- EC
 3:45 Prayer & Share- NSR2
 All Passover Days
 Passover Begins

2
 9:00 Bible Study with Helen-PDR
 10:00 Come join us to dye Easter Eggs!-- AR1
 11:00 John's Devotions-EC
 4:00 InJoy Choir Practice- EC
 6:30 Southern Plaza Easter Celebration- Event Center

3
 9:30 Exercise Group- CTR3
 10:00 Mitford w/Merlene- AR1
 10:45 Piano w/Merlene-Lobby
 3:00 Music by the Baritones- EC

4 National Carrot Day
 Wear Orange!!
 10:00 Card making Class w/Judy- NSR3 (5.00 Fee)
 2:00 Saturday Matinee-Plaza Rm


5 **Happy Easter**
 9:30 Praise and Worship – EC
 9:45 Doug Forsberg to speak.
 6:00 Prayer Group– NSR2
 Bobbie Metcalf- Birthday
 Dorothy Langford 100th Bday!


9:30 Praise and Worship – EC
 9:45 Doug Forsberg to speak.
 1:30 Bingo w/Keith – AR1
 6:00 Prayer Group– NSR2

6
 9:30 Exercise Group- CTR3
 10:00 Run Errands(sign up)
 10:00 Mitford w/Merlene- AR1
 10:45 Piano w/Merlene-Lobby
 2:00 Coloring & Cookies- AR1
 6:00 Caregiver Support Group- AL 2nd floor Chapel
 6:30 SNU Student Game Night- EC

13
 9:30 Exercise Group- CTR3
 10:00 Run Errands(sign up)
 10:00 Mitford w/Merlene- AR1
 10:45 Piano w/Merlene-Lobby
 11:00 Eat Out at Ding-Chinese
 1:30 Showing the Movie-“ Lion” In the Plaza Room
 2:00 Coffee w/Veterans/Synergy- EC
 6:00 Caregiver Support Group- AL 2nd floor Chapel
 6:30 SNU Student Game Night- EC

7
 10:00 Quarter Bingo- AR1
 11:00 Piano with Myra- Lobby
 3:00 Music by The Sugar Time Band- EC
 6:30 Games with Austyn- AR1

14
 10:00 Paper Bingo- AR1
 11:00 Piano with Myra- Lobby
 1:00 Poetry Group- Library
 1:30 Positive Movement Exercise Class w/Angela- CTR3
 3:00 Laugh Therapy- Watch I love Lucy – Plaza Room
 6:30 Games with Austyn- AR1

8
 9:30 Exercise Group – CTR3
 10:00 Shopping-Dollar Tree/Braums
 10:00 Mitford w/Merlene- AR1
 10:45 Piano w/Merlene-Lobby
 1:30 Toby Therapy Dog- Lobby
 2:00 Dorothy Langford 100th Birthday Party- Residents & Staff Welcome- EC
 2:00 Renew Life Transition Group- PDR
 3:45 Prayer & Share- NSR2
 4:00 InJoy Choir Practice- EC

15
 9:30 Exercise Group – CTR3
 10:00 Shopping- Walmart
 10:00 Mitford w/Merlene- AR1
 10:45 Piano w/Merlene-Lobby
 1:30 Join us for Game Time & Goodies w/The Odessey Academy Students-AR1
 3:00 Devotions w/Dan- EC
 3:45 Prayer & Share- NSR2
 4:00 InJoy Choir Practice- EC

9
 9:00 Bible Study with Helen-PDR
 10:00 Crafts with Melanie- AR3
 11:00 John's Devotions-EC
 2:00 Bingo with Whitnee- AR1
 4:00 InJoy Choir Practice- EC
 6:30 Diamond Dotz Craft Group-AR1

16
 9:00 Bible Study with Helen-PDR
 10:00 Tea Time & Talk with Melanie- AR3
 11:00 John's Devotions-EC
 12:45 Blood Pressure & Blood Sugar Checks- AR1
 3:00 Guy Talk -PDR
 4:00 InJoy Choir Practice- EC
 6:30 Diamond Dotz Craft Group-AR1
 Martha Jo Watkins- Birthday


10
 9:30 Exercise Group- CTR
 10:00 Fall Risk/Health Assessment Clinic by Refuge Home Health-EC
 10:00 Mitford w/Merlene- AR1
 10:45 Piano w/Merlene-Lobby

17
 9:30 Exercise Group- CTR3
 10:00 Shopping & Lunch w/Lorna Cheevers & Penn Square Mall
 10:00 Mitford w/Merlene- AR1
 10:45 Piano w/Merlene-Lobby
 1:00 Bunco with Anne- NSR3
 2:00 Music with Mike Black- ELVIS- EC

11
 2:00 Saturday Matinee-Plaza


18
 9:30 Positive Movement Exercise Class w/Angela- CTR3
 2:00 Saturday Matinee-Plaza
 Ilene Zwally-Birthday

19
 9:30 Praise and Worship – EC
 9:45 Doug Forsberg to speak.
 1:30 Bingo w/Keith – AR1
 6:00 Prayer Group– NSR2
 Sue Lancaster- Birthday

26
 9:30 Praise and Worship – EC
 9:45 Doug Forsberg to speak.
 1:30 Bingo w/Keith – AR1
 6:00 Prayer Group– NSR2


20 National Look a Like Day
 Grab a Friend and Dress Alike
 9:30 Exercise Group- CTR3
 10:00 Run Errands(sign up)
 10:00 Mitford w/Merlene- AR1
 10:45 Piano w/Merlene-Lobby
 1:00 Resident Assoc Mtg- EC
 2:00 Resident Dietary Mtg-EC
 6:00 Caregiver Support Group- AL 2nd floor Chapel
 6:30 SNU Student Game Night- EC

27
 9:30 Exercise Group- CTR3
 10:00 Run Errands(sign up)
 10:00 Mitford w/Merlene- AR1
 10:45 Piano w/Merlene-Lobby
 1:30 Resident Birthday Party-EC
 2:00 Carolyn and Julie Sing Hymns- EC
 6:00 Caregiver Support Group- AL 2nd floor Chapel
 6:30 SNU Student Game Night- EC
 6:30 Book Discussion Group-PDR

21
 8:00 Men's Breakfast- Eat Out
 10:00 Snack Bingo- AR1
 11:00 Piano with Myra- Lobby
 1:30 Positive Movement Exercise Class w/Angela- CTR3
 3:00 Scrabble & Snacks- AR1
 6:30 Games with Austyn- AR1
 6:30 SNU Spring Choral Concert in Cantrell Hall

28 National Super Hero Day
 10:00 Soda Pop Bingo- AR1
 11:00 Piano with Myra- Lobby
 1:30 Positive Movement Exercise Class w/Angela- CTR3
 2:00 Watch a Super Hero Movie w/Popcorn
 6:30 Games with Austyn- AR1
 Larry Zurcher- Birthday

22
 9:30 Exercise Group – CTR3
 10:00 Dollar General/Braums
 10:00 Mitford w/Merlene- AR1
 10:45 Piano w/Merlene-Lobby
 1:30 Toby- Therapy Dog -Lobby
 2:00 Go for a walk at Will Rogers Park
 3:00 Devotions w/Dan- EC
 3:45 Prayer & Share- NSR2
 4:00 InJoy Choir Practice- EC
 Earth Day
 Administrative Professionals Day

29
 9:30 Exercise Group – CTR3
 10:00 Shopping- Walmart Market
 10:00 Mitford w/Merlene- AR1
 10:45 Piano w/Merlene-Lobby
 2:00 Going Away Party for Lisa- EC
 3:45 Prayer & Share- NSR2
 4:00 InJoy Choir Practice- EC

23
 9:00 Bible Study with Helen-PDR
 10:00 Crafts with Melanie- AR3
 11:00 John's Devotions-EC
 1:00 Wheelchair/Walker Checks-EC
 2:00 Music w/Kelley Almond- EC
 4:00 InJoy Choir Practice- EC
 6:30 Diamond Dotz Craft Group-AR1
 Bobbie Bynam- Birthday

30 National Jazz Day
 9:00 Bible Study with Helen-PDR
 10:00 Crafts with Melanie- AR3
 11:00 John's Devotions-EC
 4:00 InJoy Choir Practice- EC
 6:30 Diamond Dotz Craft Group-AR1
 Dee Judge- Birthday

24
 9:30 Exercise Group- CTR3
 10:00 Mitford w/Merlene- AR1
 10:45 Piano w/Merlene-Lobby
 Bob Lancaster- Birthday
 Roger Hess- Birthday
 Arbor Day

25
 2:00 Saturday Matinee-Plaza
